



NYS Apples

June

2025 K-5




Breakfast

Low-Port PEC & IEC



Personal Touch
FOOD SERVICE

Monday	Tuesday	Wednesday	Thursday	Friday
2 Smoothie w/muffin 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	3 Waffles w/syrup 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4 Apple Frudel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	5 Muffin w/4oz yogurt cup 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	6 Smoothie w/muffin 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Mini maple waffles 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 Bagel w/butter 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	11 French toast sticks 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	12 Cherry Frudel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Breakfast sandwich w/egg And cheese 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
16 Muffin w/4oz. yogurt cup 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	17 Pancake Bites 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	18 Muffin w/4oz yogurt cup 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	19 Happy Juneteenth! 	20 Muffin w/4oz. yogurt cup 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
23 Chef's Choice 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	24 Chef's Choice 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	25 Chef's Choice 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	26 Chef's choice 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	27
30				

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

For Information for Summer Meals Please Visit
www.summer-mealsny.org Or Call 211
or 866-3-HUNGRY.

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk

8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



If your student has a particular food allergy,
please contact the food service office @
(716)286-7288

Student \$1.85
Adult \$3.51